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SENATE MEMORIAL 29

49TH LEGISLATURE - STATE OF NEW MEXICO - SECOND SESSION, 2010

INTRODUCED BY

Linda M. Lopez

A MEMORIAL

PROCLAIMING FEBRUARY 4, 2010 AS "WEAR RED DAY" AT THE SENATE.

WHEREAS, diseases of the heart are the nation's leading cause of death, and stroke is the third-leading cause of death; and

WHEREAS, cardiovascular disease claims the lives of nearly four hundred sixty thousand American females each year, which is approximately one death per minute; and

WHEREAS, each year, fifty-three percent of all deaths due to cardiovascular disease and sixty-one percent of stroke deaths occur in females; and

WHEREAS, too many women die each year because they are unaware that heart disease is their number one killer; and

WHEREAS, in 2010, the direct and indirect cost of cardiovascular diseases in the United States, including stroke,

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1 is estimated to be five hundred three billion two hundred
2 million dollars (\$503,200,000,000); and

3 WHEREAS, nearly as many women die of heart disease, stroke
4 and all other cardiovascular diseases as the next five leading
5 causes of death combined, including all cancers; and

6 WHEREAS, only twenty-one percent of women consider
7 cardiovascular disease their greatest health risk; and

8 WHEREAS, February is designated as American heart month;
9 and

10 WHEREAS, "Go Red For Women" is the American heart
11 association's national call to increase awareness about heart
12 disease, the leading cause of death for women, and to inspire
13 women to take charge of their heart health; and

14 WHEREAS, all women should learn their own personal risk
15 for heart disease by using tools such as the American heart
16 association's "Go Red For Women" heart checkup and by talking
17 to their health care provider; and

18 WHEREAS, making the right choices relating to proper
19 nutrition and physical activity, as well as other healthy
20 lifestyle choices, is essential to living a heart-healthy life;
21 and

22 WHEREAS, by choosing to speak up about heart disease,
23 lives can be saved;

24 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE
25 OF NEW MEXICO that, in recognition of the importance of the

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1 ongoing fight against heart disease and stroke, Thursday,
2 February 4, 2010, be proclaimed "Wear Red Day" at the senate;
3 and

4 BE IT FURTHER RESOLVED that all New Mexicans be encouraged
5 to show their support for women and the fight against heart
6 disease by commemorating this day by the wearing of the color
7 red.

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